

# Empathy Building

Practice building empathy by role-playing with a group of people. Start by role playing the scenarios below. Then come up with your own scenarios or use the scenarios listed below.



## Scenario 1: New Student at School

Your friend just moved to a new town and started attending your school. They feel nervous and left out because they don't know anyone and haven't made friends yet. During lunchtime, they sit alone at a table, feeling lonely and unsure of how to approach others.



## Scenario 2: Lost Item on the Playground

Your classmate brought their favorite toy to school to share with friends during recess. However, they accidentally left it on the playground, and when they returned to look for it, it was nowhere to be found. They feel upset and sad because it was a special toy they cherished.



## Scenario 4: Sick Pet

Your neighbor's beloved pet is sick and needs to go to the veterinarian for treatment. Your neighbor is worried and stressed about their pet's health and the cost of medical care. They're also feeling guilty for not noticing the signs of illness sooner.



## Scenario 3: Homework Struggles

Your younger sibling is working on a challenging homework assignment that they don't understand. They've been trying for hours to solve it but keep getting stuck. They feel frustrated and stressed because they want to do well but can't figure it out on their own.



## Scenario 5: Shy New Classmate

A new student joins your class and seems nervous and shy. They sit quietly at their desk during class, avoiding eye contact with others and hesitating to participate in group activities. They feel overwhelmed by the new environment and unsure how to make friends.