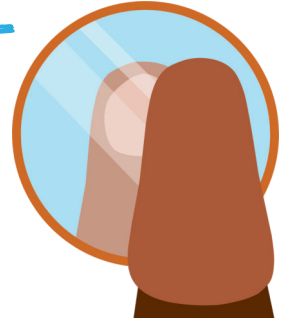


BE YOU

How to be ME...



Love _____

Want _____

Play _____

See _____

Hear _____

Be afraid of _____

Be happy when _____

Be excited when _____

That's how to be _____

(write your name here)

BE YOU



Be You
Star Pose



Be Ready
Warrior I



Be Loved
Camel Pose



Be Adventurous
Eagle Pose



Be Curious
Downward Facing Dog

BE YOU



Be Okay Reaching Out for Help

Warrior III



Be Persistent

Boat Pose



Be Connected

Tree Pose



Be Different

Happy Baby



Be Kind

Warrior II

BE YOU



Be Understanding
Reverse Warrior

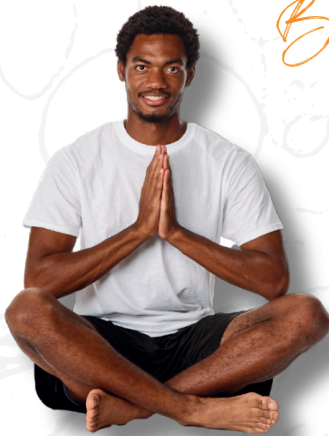


Be Brave
Crow Pose



**Choose
your own
pose**

Be Your Own Thinker



Be Okay Being Alone
Easy Pose



Be Patient
Resting Pose